

What is claimed is:

1. A stab proof vest, wherein at least a portion of said stab proof vest comprises:

a plurality of elements; and

5 a coupling member for coupling adjacent said elements together,

wherein each side of said elements is provided with at least one projection and at least one depression adjacent to said projection, and a coupling hole into which said
10 coupling member is inserted,

wherein the projection of one of said element is engaged with the depression of an adjacent said element, and

wherein said common coupling member is inserted into
15 each said hole of adjacent said elements and is secured thereto in order to couple said adjacent elements.

2. The stab proof vest according to claim 1, wherein said coupling member couples four said elements arranged in two columns and two rows.

20 3. The stab proof vest according to claim 1, wherein the stab proof vest is fastened by hook and loop fasteners provided on front and back faces of said stab proof vest.

4. The stab proof vest according to claim 1, wherein the element is made of stainless steel.

25 5. The stab proof vest according to claim 1, wherein

said element is provided with an air vent.

6. The stab proof vest according to claim 1, wherein the projection and the depression are asymmetrically provided on at least one of two pairs of opposite sides of
5 said element.

7. The stab proof vest according to claim 1, wherein the coupling member comprises:

a rectangular main portion; and

arm portions provided at both ends of said main
10 portion and extending perpendicularly to said main portion,
wherein said coupling member has a shape of a letter
"H."

8. The stab proof vest according to claim 7, wherein two of said coupling holes are formed in each side of said
15 element, and wherein said arm portions of said coupling member are inserted into the coupling holes to couple adjacent said elements together.

9. The stab proof vest according to claim 1, wherein the coupling member is made of stainless steel.

20 10. The stab proof vest according to claim 1, wherein at least a portion of the stab proof vest is covered with an elastic member.

11. The stab proof vest according to claim 1, wherein a thickness of said element is in a range of 0.5mm to 2 mm.

25 12. The stab proof vest according to claim 1, wherein

each of said elements has the same shape.

13. The stab proof vest according to claim 1, wherein at least one of a front body portion and a back body portion comprises a single plate member.